

Outdoor Soccer

F.I.F.A. regulations shall be applied whenever possible, unless otherwise indicated.

Revised August 2011

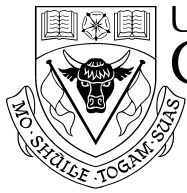
General Regulations:

- There are no warm up balls provided. There will be one game ball designated per court and it will remain in the possession of the referees until the commencement of the match. Teams may decide to play with a different ball other than the one provided.
- Games that start late will finish on time. Halves will be shortened to accommodate the scheduled end time. There will be no extra time added.
- Team rosters are to be submitted and completed online by the team captain (individual who registered the team) prior to the participant clinic. To complete your roster you will need to know each players UCID number. All players who do not have a U of C Id number must contact Client Services at 403-220-7749 to request a UCID number. Input your roster online at www.ucalgaryrecreation.ca/intramurals. After league play has begun additional players may be added to the roster, but they must be added by the Intramural Sports office and complete an online waiver before they are allowed to play.
- All players must have an online waiver signed a minimum of 48 hours prior to their first game. Instructions on how to sign online waivers can be found at http://www.ucalgaryrecreation.ca/waiver_instructions.
- All players must be prepared to check in with the supervisor for every game with a piece of photo identification.
- To be eligible for playoffs a player must have played in at least one regular season game and be on the team roster with an online waiver signed. Teams are to have a fair play rating of 3.60 (coordinator discretion).
- Suspended players may not be present during scheduled games, if so, the entire team shall be suspended indefinitely.
- For outdoor sports, any games that end after 30 minutes of scheduled play time will be considered a completed game and will not be rescheduled.
- Current Intercollegiate and former professional athletes are not permitted to play.
- Intramural Sports has a **Zero-Tolerance policy for fighting and abuse of staff and other intramural participants**. This will be strictly enforced.

For a complete list of policies, see www.ucalgaryrecreation.ca/intramurals Policies and Regulations.

Playing Rules:

- Games will consist of two (2) twenty-five (25) minute halves, with a five (5) minute break between halves.
- Games starting late shall finish at the scheduled time.
- A player shall not wear any thing which is dangerous to another player or himself/herself. This includes rings, watches, bracelets, hats, etc.



- Players are **not** allowed to wear metal cleats, rings, watches, bracelets, hats (except goalkeepers), or anything else that is dangerous to anyone on the field (in referee's discretion).
- Players are **required** to wear shin guards, and the shin guards must be fully covered by socks.
- Ties will not be broken in regular season games. If a playoff game is tied at the end of regular time, teams will go directly to penalty shots. The teams will shoot a set of five (5) penalty shots. The shots must be taken by five (5) different players. If the game remains tied, the teams will shoot sets of sudden death penalty shots until the tie is broken. Any other players can shoot set of sudden death penalty shots.
- Each team **must** supply one linesman for each game scheduled to play.
- Each team must meet the following two requirements at all time during the game:
 1. Minimum seven (7) players on the field
 2. Maximum eleven (11) players on the field
- A team must have seven (7) players on the field within ten (10) minutes of the start of the game time in order to avoid a default. Game time will be reduced. **Defaults will be recorded as a 3-0 loss.**
- Mixed divisions must have a minimum of two (2) players of the opposite gender on the field at all times, and a maximum of eight (8) players of the same gender on the field at all times. (I.e. two (2) female and eight (8) males. The missing spot can not be filled by a male player.
- Any defaults will result in the default policy being enforced. See www.ucalgaryrecreation.ca/intramurals/policies_regulations
- Games will consist of two (2) twenty (20) minute run time halves.
- No slide tackles are allowed. It could be considered as "playing in a dangerous manner" or "serious foul play". An automatic yellow card will be issued.
- Any action which results in an opponent hitting the wall is strictly forbidden. It could be considered as "playing in a dangerous manner" or "serious foul play", followed by a yellow or red card.
- Teams are required to provide linesmen for their games.
- Any player receiving official warning will come under disciplinary review by the Intramural Sports Council.