

## *Outdoor Soccer*

**F.I.F.A. regulations shall be applied whenever possible, unless otherwise indicated.**

**Revised May 2010**

### **General Regulations:**

- There are no warm up balls provided. There will be one game ball designated per court and it will remain in the possession of the referees until the commencement of the match. Referees may decide to play with a different ball other than the one provided.
- Team rosters are to be completed online by the team captain (person who registered the team) prior to the players meeting. To complete your roster you will need to know the players U of C Id #'s (Campus Recreation ID) or input the player's names, phone number, date of birth, and email. Instructions can be found at [http://www.ucalgaryrecreation.ca/waiver\\_instructions](http://www.ucalgaryrecreation.ca/waiver_instructions). After league play has begun, additional players may be added to the roster, but they must be added by the Intramural Sports Office and have completed the waiver before they are allowed to play.
- Waivers must be submitted online prior to first game.
- All players are required to check in with the supervisor for every game with a piece of photo identification.
- To be eligible for playoffs a player must have played in at least one (1) regular season game and be on the team roster. Teams are also to have a fair play rating of **3.75** (coordinator discretion).
- Suspended players may not be present on field or surrounding areas during scheduled games, otherwise the entire team shall be suspended indefinitely.
- Intramural Sports has a **Zero-Tolerance policy for fighting and abuse to staff**. This will be strictly enforced.

For a complete list of policies, see [www.ucalgaryrecreation.ca/intramurals/policies\\_regulations](http://www.ucalgaryrecreation.ca/intramurals/policies_regulations).

### **Playing Rules:**

- Games will consist of two (2) twenty-five (25) minute halves, with a five (5) minute break between halves.
- Games starting late shall finish at the scheduled time.
- A player shall not wear any thing which is dangerous to another player or himself/herself. This includes rings, watches, bracelets, hats, etc.
- Players are **not** allowed to wear metal cleats, rings, watches, bracelets, hats (except goalkeepers), or anything else that is dangerous to anyone on the field (in referee's discretion).
- Players are **required** to wear shin guards, and the shin guards must be fully covered by socks.
- Ties will not be broken in regular season games. If a playoff game is tied at the end of regular time, teams will go directly to penalty shots. The teams will shoot a set of five (5) penalty shots. The shots must be taken by five (5) different players. If the game remains tied, the teams will shoot sets of sudden death penalty shots until the tie is broken. Any other players can shoot set of sudden death penalty shots.
- Each team must supply one linesman for each game scheduled to play.
- Each team must meet the following two requirements at all time during the game:
  1. Minimum seven (7) players on the field



## 2. Maximum eleven (11) players on the field

- A team must have seven (7) players on the field within ten (10) minutes of the start of the game time in order to avoid a default. Game time will be reduced. **Defaults will be recorded as a 3-0 loss.**
- Mixed divisions must have a minimum of two (2) players of the opposite gender on the field at all times, and a maximum of three (8) players of the same gender on the field at all times. (I.e. two (2) female and eight (8) males. The missing spot can not be filled by a male player.
- Any defaults will result in the default policy being enforced. See [www.ucalgaryrecreation.ca/intramurals/policies\\_regulations](http://www.ucalgaryrecreation.ca/intramurals/policies_regulations)
- Games will consist of two (2) twenty (20) minute run time halves.
- No slide tackle is allowed. It could be considered as “playing in a dangerous manner” or “serious foul play”. An automatic yellow card will be issued.
- Any action which results in an opponent hitting the wall is strictly forbidden. It could be considered as “playing in a dangerous manner” or “serious foul play”, followed by a yellow or red card.
- Teams are required to provide linesmen for their games.
- Any player receiving official warning will come under disciplinary review by the Intramural Sports Council.