

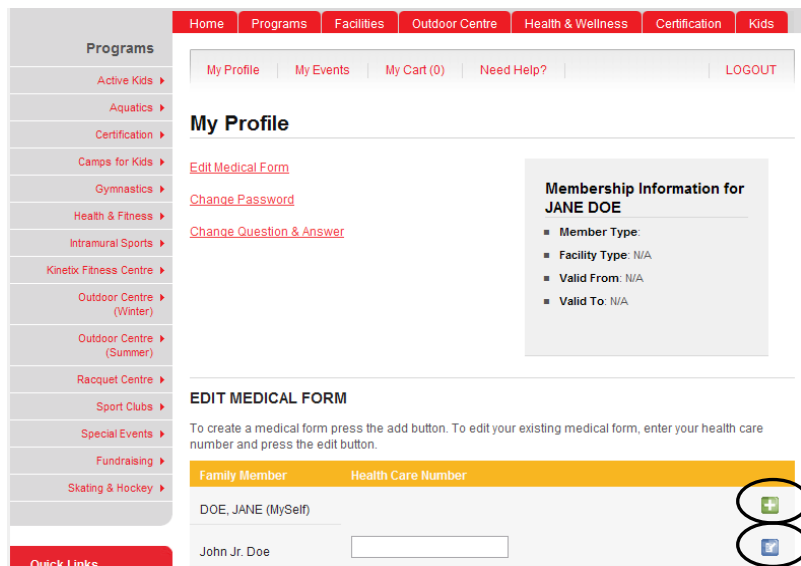


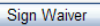
Online Medical Form Instructions

1. Go to www.ucalgaryrecreation.ca and choose Login to Account from the Quick Links box on the bottom left corner of the screen.
2. As the parent or guardian you must first login in using your own UCID number. If you don't know what it is, you can phone 403-220-7749.
3. If this is your first time logging in, put in your ID number and leave the password field blank and login. It'll prompt you to create a password.
4. While on "My Profile" scroll to the bottom of the screen to see family members listed. If you do not see any family members listed, please phone Campus Recreation at 403-220-7749.
5. If a medical form needs to be completed click on 
6. If a medical form has already been completed, please check to make sure it is updated with correct contact and medical information by typing in the Alberta Health Care number and click 



Family Member	Health Care Number
DOE, JANE (MySelf)	<input type="text"/>
John Jr. Doe	<input type="text"/>

Online Informed Consent Instructions

1. Once the medical form is added or updated choose "My Events" and view events for you and members of your family.
 2. Choose the participant using the drop down menu. All courses for that participant will appear, if an informed consent is required it will say "outstanding".
 3. Please click "sign waiver" button to sign the form. 
- If you do not have any family members showing in this drop down menu, please phone 403-220-7749.



Name	From	To	Days	Status
GYMNATOTS 2-3 YRS M 9:00	2010/01/11	2010/03/22	M	OUTSTANDING

Effective immediately all participants must have an informed consent and medical form signed in this manner. Failure to do so will result in an inability to participate until the form is completed. We will no longer be accepting paper copies.