

## *Indoor Soccer*

**F.I.F.A. regulations shall be applied whenever possible, unless otherwise indicated.**

**Revised May 2010**

### **General Regulations:**

- There are no warm up balls provided. There will be one game ball designated per court and it will remain in the possession of the referees until the commencement of the match. Referees may decide to play with a different ball other than the one provided.
- Team rosters are to be completed online by the team captain (person who registered the team) prior to the players meeting. To complete your roster you will need to know the players U of C Id #'s (Campus Recreation ID) or input the player's names, phone number, date of birth, and email. Instructions can be found at [http://www.ucalgaryrecreation.ca/waiver\\_instructions](http://www.ucalgaryrecreation.ca/waiver_instructions). After league play has begun, additional players may be added to the roster, but they must be added by the Intramural Sports Office and have completed the waiver before they are allowed to play.
- Waivers must be submitted online prior to first game.
- All players are required to check in with the supervisor for every game with a piece of photo identification.
- To be eligible for playoffs a player must have played in at least one (1) regular season game and be on the team roster. Teams are also to have a fair play rating of **3.75** (coordinator discretion).
- Suspended players may not be present on field or surrounding areas during scheduled games, otherwise the entire team shall be suspended indefinitely.
- Intramural Sports has a **Zero-Tolerance policy for fighting and abuse to staff**. This will be strictly enforced.

For a complete list of policies, see [www.ucalgaryrecreation.ca/intramurals/policies\\_regulations](http://www.ucalgaryrecreation.ca/intramurals/policies_regulations).

### **Playing Rules:**

- Each team shall be allowed to dress twelve (12) players including goalie, all players must be listed on the team roster. There is no limit to the number of players a team may list on their roster. Players can only be listed on one team roster.
- There are to be five (5) players on the floor (ie. four (4) players and one (1) goalie) for games in the Jack Simpson Gym, and six (6) players on the floor (i.e. five (5) player and one (1) goalie for games in the Red Gym.
- Mixed divisions must have a minimum of one (1) player of the opposite gender on the court at all times, and a maximum of three (3) players of the same gender on the court at all times. (I.e. one (1) female and three (3) males. The missing spot can not be filled by a male player.)
- A team must have four (4) players on the floor, not necessarily a goalie, within ten (10) minutes of the start of the game time in order to avoid a default. Game time will be reduced. **Defaults will be recorded as a 3-0 loss.**
- Any defaults will result in the default policy being enforced. See [www.ucalgaryrecreation.ca/intramurals/policies\\_regulations](http://www.ucalgaryrecreation.ca/intramurals/policies_regulations)
- Games will consist of two (2) twenty (20) minute run time halves.



- Unless otherwise stated, all playing rules should follow FIFA Laws of the Game.
  - Boundaries (referee retains the right to redefine the field accordingly)
  - The boundaries of the gym may include walls and various equipments except the ceilings.
  - The ceiling is out of bounds. A free kick will be taken at the point of contact of the roof.
  - In Red Gym, the solid green semi-circle defines both penalty area and goal area.
  - If a player puts the ball out of bound, an indirect free kick will be awarded to the opposing team, at the point where the ball left the playing area (except goal kicks and corner kicks).
- No slide tackle is allowed. It could be considered as “playing in a dangerous manner” or “serious foul play”. An automatic yellow card will be issued.
- Any action which results in an opponent hitting the wall is strictly forbidden. It could be considered as “playing in a dangerous manner” or “serious foul play”, followed by a yellow or red card.
- Offside offences are ignored.
- Any player receiving official warning will come under disciplinary review by the Intramural Sports Council.